



St. Paul's Syracuse

# The Courier

The Newsletter of St. Paul's Episcopal Church in  
Downtown Syracuse, New York

## March 2026



Kira Lane's Baptism



The Elkins & Lavenders  
enjoying a Syracuse game



Part of our wonderful  
clean-up crew



### Our Church Family



Doug Mouncey &  
Father Philip



Hanging of the special  
painting of the nave from  
long ago



# St. Paul's Syracuse

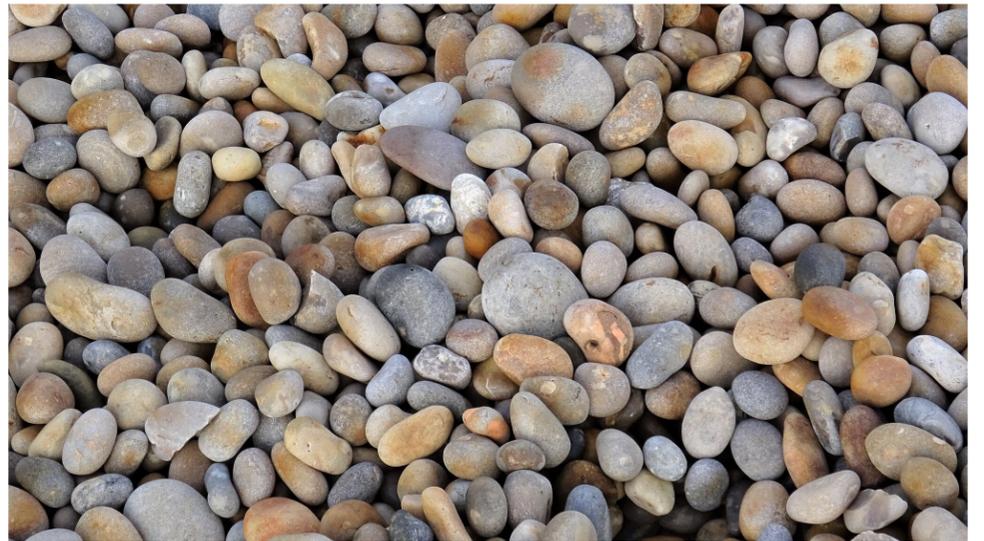
The Downtown  
Episcopal Church 

## [www.stpaulsyr.org](http://www.stpaulsyr.org)

*No Matter Who You Are,  
Or Where You Have Been,  
There Is A Place For You At St. Paul's*



# Trying to be Like Stones in the Waves



Dear sisters and brothers in Christ,

I try to visit the ocean each year. I don't get there each year, but one of my favorite places to visit is a beach on Cape Cod, called Coast Guard Beach. I love to listen to the sound of the waves. I love to hold the smooth, round stones in my hand.

Most stones that have not been tumbled by the waves are not things you want to bring into your bedroom. Most stones are jagged and dirty. If you happen to step on one with bare feet you could hurt yourself. Stones are hard and unyielding. Most stones are not very beautiful. Most stones are not very friendly.

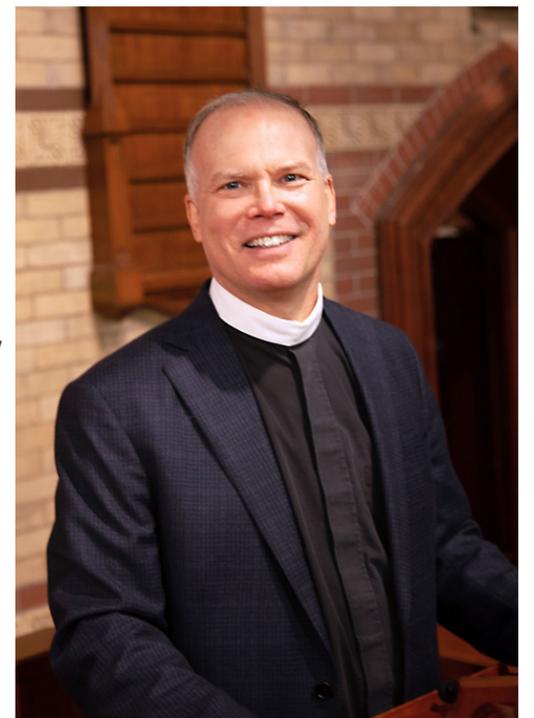
But the stones that are at the edge of the surf at Coast Guard Beach are smooth and round because they have been tumbled, over and over again for ten or fifty or five hundred years, by the surf. The stones are beautiful after they have been tumbled and polished by the waves.

Lately I've begun to realize that I am kind of like a stone because I can be tough and unyielding. I am kind of like a stone, because I don't change very much or very quickly. I have this way of making the same old mistakes, over and over again. I am kind of like a stone, because if my life turned out differently I could be hard and jagged and mean.

I've begun to realize that, to the extent that there is any beauty or goodness in me, it's because I ended up in the very best places for me to be. The best place for me to be is the place where people are trying to know and love God. It's the place where people are trying to understand what Jesus meant when he said, "Love your neighbor as yourself." It's the place where people are trying to serve those who need it most, the way Jesus did.

If there is any smoothness in me, that would be the result of somehow ending up at the right place on the beach. Somehow, I ended up in places where waves of people and prayers and scripture and worship and service tumble around on me, day after day, year after year.

Those of us who keep coming back to St. Paul's, week after week, year after year, are trying to be like stones in the waves. We know we can be rough and unfriendly. We understand we need to spend some more weeks and years in a place where God's people, God's word, and God's love will keep shaping us into something beautiful and smooth. This is why we return. We are trying to be like stones in the waves.

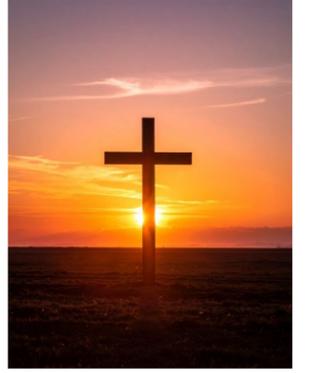


*Pluif's +*



# Worship Times for the Spring

From Fr. Philip



**I**n the years since the Covid Pandemic, the size of our 10 a.m. congregation has grown substantially, while our 8 a.m. congregation has declined in attendance. During 2025 the number of people sitting in the nave for 8 a.m. worship services was usually in the range of 6-10 people, and there were a few Sundays when less than 6 people were sitting in the pews.

In December, members who attend our 8 a.m. worship service met with me to share their ideas about whether and when to continue holding an 8 a.m. worship service. At that time, the decision was made to continue holding 8 a.m. worship services through the end of Advent, but then to not meet for a separate worship service during January, February and the first weeks of March. Our plan was to resume 8 a.m. worship services on March 15th and March 22nd, then attend 10 a.m. worship services on Palm Sunday (March 29th) and Easter (April 6th), and then hold 8 a.m. worship services for the remainder of April and May.

In January we received the news that Barbara Bell and David Webb, two of our leaders for 8 a.m. worship services, are preparing to move to France. This led the Wardens and I to re-evaluate our plan to resume 8 a.m. worship services for the Spring months. At our February 10th Worship Ministry Team meeting, the team concurred with the recommendation to not resume 8 a.m. worship services in March. Final decisions about worship services are made by me, as your Rector, but I raised this topic of discussion at our February 17th Vestry meeting to hear ideas and responses from members of the Vestry. Members of the Vestry agreed with the Worship Ministry Team that this is the best decision to make at this time.

Here are some of the reasons for this decision:

- \* Several members of the 8 a.m. congregation commented that their personal preference is to continue participating in the 10 a.m. worship service because they enjoy getting to know and being with the entire congregation.
- \* As the size of the 8 a.m. congregation has declined it has become difficult to fill the four required lay leadership roles each Sunday: Eucharistic Minister, Lector, Coffee Hour Host, and Usher.
- \* Holding a single worship service at 10 a.m. makes it possible for your priest to visit homebound members and take on other leadership tasks on Sunday afternoons.
- \* Changing our worship time, and changing from a single service, to two services, and then back again through the course of the year can be confusing for members, visitors, staff and lay leaders.
- \* Holding a single worship service lightens the work load for our Altar Guild, and opens up the possibility that members who work full-time might be able to join the Altar Guild.

God has brought us together in this place as a congregation. I trust that St. Paul's will be strong and healthy if we are able to work together and support one another in the future. Members of our 8 a.m. congregation have years of experience and bring many gifts that are valuable for our entire congregation. I understand that the decision to not resume 8 a.m. worship services on March 15th will be a difficult for some of our members.

Please share your thoughts and questions about this decision with me or with one of our wardens, Ieva Doyle and Joe Russo.



# Almost Like a Kind of Resurrection

By Fr. Philip

**A** little more than one hundred years ago, the people of St. Paul's built their Parish House. My understanding is that the effort was organized, and funds for the new building were raised, by the women of St. Paul's. The Parish House looked quite different than it does today. The kitchen was not attached to the Dining Room, and the Brewster Room was built adjacent to the Hansen Dining Room about forty years later, in 1958.

For several decades the Hansen Dining Room was the most beautiful part of the new building. But the things we build are constantly changing. Over many decades the Hansen Dining Room came to be quite a bit more cluttered. For several decades stacks of chairs and tables were piled against the outside wall. Sometime in the 1950s or 60s someone added some dark brown varnished trim that would look great in an Adirondack Lodge, but didn't add to the beauty of the room.

Our *Open Doors* renovations included a provision to repair and repaint all of the old windows, and to add beautiful, new storm

windows to keep the room warm in the winter. But *Open Doors* didn't include any funds for restoration of the inside of the Dining Room.



For the past 20 months a large group of our members and a few extra friends have been working away on the Hansen Dining Room. About fifteen of us took turns meeting at the church, usually on Wednesdays, to work for an afternoon at restoring the Dining Room and making it a beautiful, functional place for St. Paul's, for the way we live and work today.

Our members:

- Removed the ugly, broken accordion door along the East wall.
- Repaired the floor where asbestos tiles had been removed.
- Built a new storage room, to store things we need (like Christmas decorations) on the main level so our members don't have to go up and down stairs carrying Christmas trees.
- Built shelves to organize and hold church supplies.
- Painted the entire dining room. The room had not been painted in over 40 years.

When I walk into the Hansen Dining Room in February of 2026, it almost seems like some sort of resurrection has taken place. Our members have given new life to this beautiful room. During the first week in March the wood parquet floor will be refinished, and our work will be just about finished. Thank you to Nolan P., Tim S., Robert B., Robert W., Catherine G., Amy R., Betsy E., Joe R., Joe M., Jim D., Tom C., Tom M., David W., Greg T., Dean S., and Andrew L. Everyone helped in their own way. Together you have given something very beautiful to St. Paul's!



# Morning Prayer at National Cathedral

By Willson Cummer

I'd like to share a weekday morning prayer service that I've found quite meaningful over the past few months. It's presented by the National Cathedral, which is an Episcopal cathedral. Each morning one of the Cathedral leaders presents an online morning prayer. It's broadcast as a video about 10 minutes long. I've found that I like to listen to it as I drive to my studio.

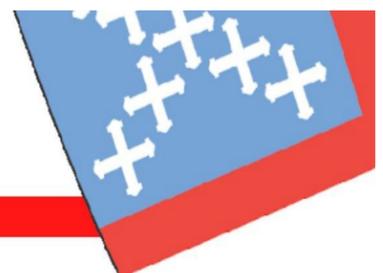
The service is shared live at 7 AM on the Cathedral website, but I listen to it later on YouTube. (Search for the Cathedral's channel). Because I listen to it most weekdays it's the first YouTube offering when I use that app, which is convenient.

Prayers are usually from the Old and New Testaments, along with a Gospel reading. Parts of a Psalm are read. Sometimes the presenter offers a reflection on the readings. Other times they talk about the saint whose day is being celebrated. Listeners are invited to join in reading the Lord's Prayer.

I've found it a centering and peaceful way to start the day.



## New Member's Class



Please consider joining Fr. Philip for New Member Classes in April. Participating in New Member Classes is one way to become a member of St. Paul's. These three classes cover almost everything you might want to know about the ways we do things at St. Paul's.

-  Session 1: How We Arrived at this Place; A Brief History of the Episcopal Church
-  Session 2: What We Believe; Episcopal Approaches to Scripture and Theology and Approaches to Scripture
-  Session 3: The Way Things Work; The Organization of St. Paul's

**What: A series of three 60 minute classes.**

**Where: The Hadley Chapel**

**When: Sundays at 11:45 a.m., April 19 & 26, May 3**

**Who: New or experienced, everyone is invited**



# Take on Soup for Lent

By Betsy Elkins and Liz Handler

**I**t has been 6 years since we offered a soup lunch at St Paul's. We are excited to offer this again for part of Lent this year. Following the 12:10 prayer service we will hold a soup and bread lunch (with a cookie) in the Hansen Dining room on these dates: February 25, March 11, 18, and 25. (Due to the refinishing of floors in the Hansen and Brewster Rooms we will skip Wed. March 4.) The menus that are planned are in the poster below. Rather than giving up chocolate for Lent, why don't you Take on Soup!

## SOUP AFTER THE SERVICE



Come and join us for a Lenten prayer service at 12:10 p.m. followed by a delicious lunch with homemade soup and bread.



**Wednesday, February 25:**  
Black bean soup & cornbread

**Wednesday, March 4:**  
NO SOUP THIS WEEK

**Wednesday March 11:**  
Hearty Tomato Soup & pita wedges

**Wednesday March 18:**  
Spicy Peanut Soup & French bread

**Wednesday March 25:**  
Winter Minestrone & whole wheat bread



Suggested donation  
\$5.00  
with proceeds to go to:  
A Tiny Home For Good



ALL ARE WELCOME

# LENTEN PRAYER SERVICE

WEDNESDAYS AT 12:10 P.M.  
LASTING ABOUT 20 MINUTES

FEBRUARY 25TH  
THROUGH  
APRIL 1ST



ST. PAUL'S EPISCOPAL CHURCH  
220 EAST FAYETTE ST  
DOWNTOWN SYRACUSE



Beginning February 25, which is one week after Ash Wednesday, and continuing every Wednesday through Holy Week, a midday prayer service will be conducted at St. Paul's. The service is based upon the Daily Office and combines Psalms, Scripture readings, canticles and prayers for the Lenten season. Commencing at 12:10 pm, allowing even those working in downtown Syracuse to attend during the lunch hour, the service will be held in the chancel area of the church and lasts approximately 20 minutes. The service provides an opportunity to center ourselves and prayerfully focus on this sacred season. Any questions, please contact Joe Russo.



## Looking to Our Future as We Celebrate Our Past

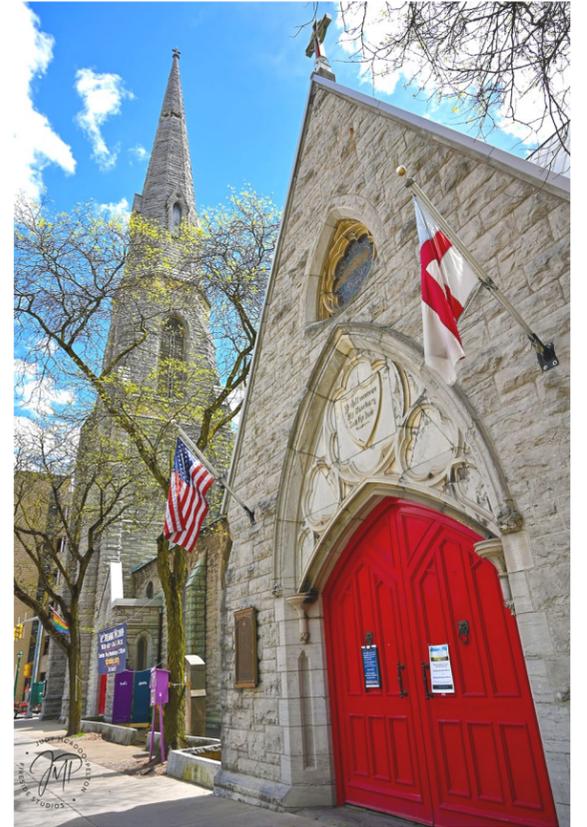
By Joe Russo

**A**s we at St. Paul's celebrate our 200-year history, a task force of the Bicentennial Committee will attempt to distill from our recent and living past directions for our future. We will do it by holding conversations with you, the members of St. Paul's.

This year-long undertaking will utilize a methodology called Appreciative Inquiry, which focuses on what has worked best in the past to determine what we might build upon in the future. We identify what has worked best by holding conversations and by listening to each other's stories. From these conversations and stories will come themes and directions that will help guide St Paul's mission in the future.

The dozen members who make up the Future Directions Task Force will in the coming weeks begin to invite members to participate in conversations about their experiences and life at St. Paul's. If you don't receive an invitation by early May and would like to participate in a conversation, please contact Fr. Philip or Joe Russo. All conversations will be confidential; all participants will remain anonymous. What we are looking for are themes, think of them as compass points, to guide where we might go next in our service to God, to the people of St. Paul's and to our neighbors.

The outcome of this endeavor will be presented to the St. Paul's Executive Ministry Team, to the Vestry and early next year to the congregation.

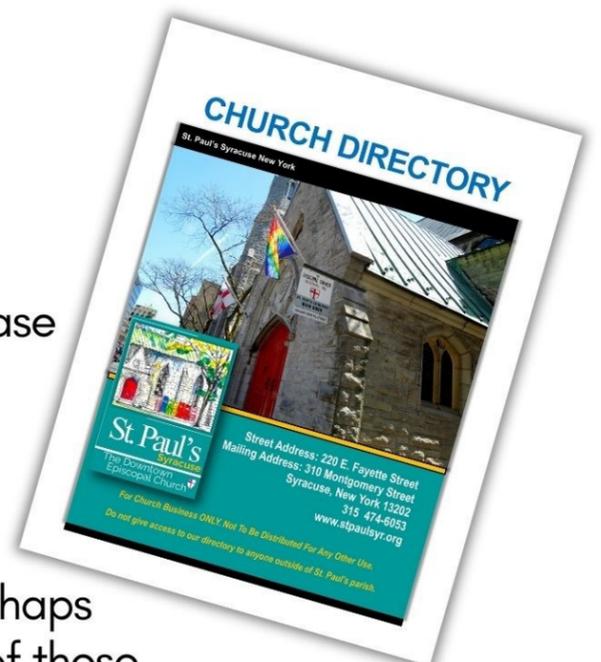


## Privacy Changes? What Does This Mean?

If you receive an email that says "PRIVACY CHANGES", please don't worry.

It's an automated email sent out by our directory software.

It just means either we've added you to our directory, or perhaps your information was updated or photo was updated. Any of these can trigger one of the privacy changes email. We keep your information safe within our system. Please help us by not sharing the password or printed church directory with anyone you don't know well. Please refer them to the staff.





# Engaging in an Art Experience with Jesus

By Debbie Bogan

I often visit art museums and go to the Everson Museum of art regularly. I find this art experience is enjoyable and relaxing. There is an exhibit at the Everson entitled "Contested Territories, 1983-2023" by artist Joyce Kozloff. It is on view through April 5. One particular painting called Jeez with pictures of Jesus caught my eye. The artist celebrates multiplicity. Jesus is Black, Asian, female, Indigenous, Latin American, child, and adult. Father Philip asked me to write an article about the exhibit and the Jeez painting for the Courier.

Former Warden Joe Moorman gave us good health tips in some Courier articles he wrote. He noted "A 2019 study published in the British Medical Journal found that older adults who frequently engaged with the arts had a 31% lower risk of dying early." Joe also mentioned "It's been suggested by University College London researchers that just one art experience per month can extend your life by 10 years." Thus, I will continue to frequent the Everson for an enjoyable, relaxing experience and to prolong my longevity. Would you like to join me at the Everson to see the Jeez painting and reap the benefits of engaging in an art experience with Jesus?



Joyce Kozloff  
*JEEZ*, 2012  
 Acrylic on panel, 144 x 144 inches

*Courtesy of the artist and DC Moore Gallery, New York*



## Meet Isiah Lavender III Our Newest Vestry Member

**Isiah Lavender III** is a University Professor at Syracuse University, where he researches and teaches courses in African American literature and science fiction. The author/editor of 7 books and 2 special issues of journals, his forthcoming book *Race, Law, and Speculative Fiction: Future Pasts* will appear from the University of Pennsylvania Press in May. His current research agenda concerns Afrofuturist tropes, Black characters in comics, and portrayals of the health/wellness industry in SF.

With respect to his personal life, he is in his twenty-sixth year of marriage to Heather, whom he met almost thirty years ago at Louisiana State University in Baton Rouge. Together, they have two sons, Kingsley (19) and Frazier (15), and a golden doodle named Beignet. They have bounced around a good part of the country in their time together—Iowa, Arkansas, Louisiana, Georgia, and now New York. Finally, he is a native Buffalonian and ardent Liverpool Football Club supporter of the English Premier League (but that's another story).



## YMCA February Social

Great photo of the juice and donut social for the YMCA seniors held in February. Photo by DJ Igelsrud.





## Back by Popular Demand- the Church Rummage Sale!

By Doug Mouncey

**E**ach year prior to Covid, St. Paul's opened our doors during the annual Syracuse Arts & Crafts Festival weekend. In addition to offering tours of the nave and low-cost breakfasts to out-of-town vendors, we had a huge garage sale in Hansen Hall... and for some festival goers, their priority was being able to use our restrooms. Throughout the Open Doors construction, we've been able to participate in a limited manner with the tours. Each year, people have asked "Where's the rummage sale? When will you have the rummage sale?"



In addition to the tours, the giant St. Paul's Rummage Sale will return this year! We'll need many of our members to serve as volunteers in two-hour shifts for the activities throughout the three days of the Festival, July 24 – 26. Please join me on Sunday, March 22 at 11:30 in the Brewster Room for an initial planning meeting. For more information, please contact Doug Mouncey at [assistant@stpaulsyr.org](mailto:assistant@stpaulsyr.org).

*It's too early to bring items to the church for the Rummage Sale but please start to save them as you do your spring cleaning.*

## Save the Date for Chili Luncheon for ATHFG

By Amy Mangram

**S**ave the Date!  
Join us for a Chili Luncheon on Friday, March 27th, from 11:00 AM to 2:00 PM. After a record-breaking cold winter, we'd love to warm up together over a hearty bowl (or two) of chili with our partners from A Tiny Home for Good.

Following the success of last year's ATHG Thanksgiving Dinner, we thought an end-of-spring chili gathering would be a wonderful way to continue building community. This luncheon offers another chance for the congregants of St. Paul's to spend time with the staff, residents, and friends of this inspiring organization.

If you would like to help, please contact Betsy Elkins or Liz Handler.





## The Open Pantry Needs Your Help!

By Jim Doyle & Other Folks Participating in The Open Pantry

**E**very day, The Open Pantry provides basic food and personal hygiene items to our Downtown neighbors in need. Many of our Downtown neighbors' food insecurity now is being met in part by the non-perishable food items from The Open Pantry ("TOP"). Thank you to all who are helping to serve Christ in our neighbors through TOP!

Every day, we replace the full contents of TOP twice. We could fill it more times if we had the people and food available!

We need re-stockers! If you wish to serve as a re-stocker of the TOP shelves, please email (doyj02@gmail.com) or call Jim Doyle (315-699-5129). In your email or phone message, please indicate if there are any days of week that you prefer. Also, please note if you prefer to restock any time in the morning or afternoon. The idea is that you will re-stock TOP's shelves on a particular date/time that is the most convenient for you. We need you!



## Open Pantry Drop Off

The third Saturday of each month from 10:00 a.m. to Noon.  
You can drop off food at the E. Fayette St. door.

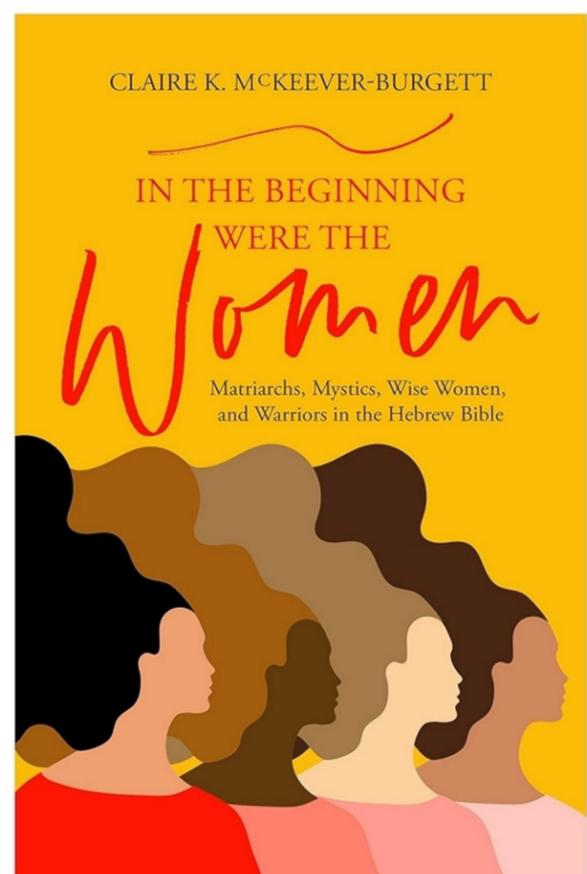
The Holy Spirit continues its work through The Open Pantry. All who are part of TOP are humbled that God has called us to be a part of this vital ministry.

## Feminist Theology

**Wednesday, March 18th.**

Via Zoom at 7:30 p.m.

Feminist Theology has been exploring a fun and challenging book. "In the Beginning Were the Women, Matriarchs, Mystics, Wise Women, and Warriors in the Hebrew Bible" by Claire K. McKeever-Burnett. We meet again by Zoom on March 18th at 7:30 p.m. If you would like to join us, speak with Laurie Sanderson or Betsy Elkins





## MAUNDY THURSDAY

AT ST. PAUL'S

APRIL 2ND

MEAL AT 5:30 P.M.

SERVICE AFTERWARDS

\$5.00 DONATION TO  
COVER DINNER

ANY EXTRA  
DONATIONS WILL GO  
TO  
A TINY HOME FOR  
GOOD



St. Paul's will have a Maundy Thursday supper and service with foot washing on April 2nd. The meal will be at 5:30, followed by the service.

We will have a middle eastern feast of foods that Jesus might have eaten. Falafels, pita, hummus, grape leaves, olives, orzo salad, sesame cookies...all delicious! We have this meal right in church where the orchestra platform sets up. It's a wonderful meal and a wonderful way to be with other parishioners. I hope you can join us!

We ask for a \$5 donation, which will pay for supplies. Any extra money will go to A Tiny Home For Good.



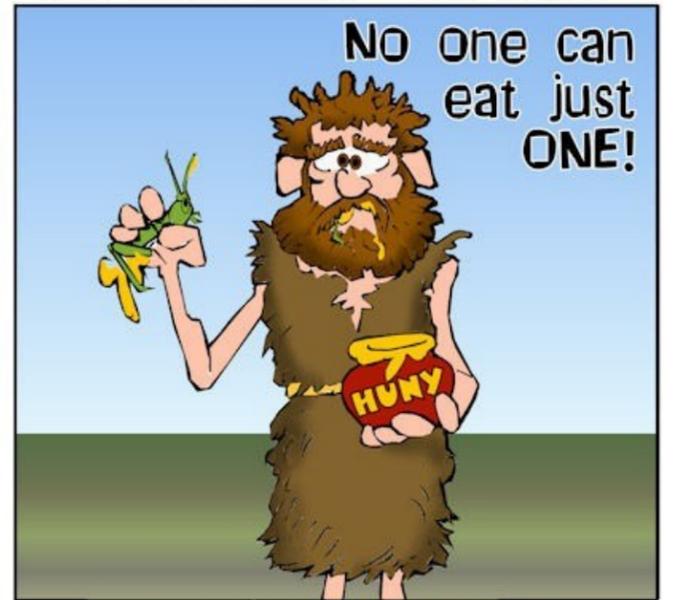
# Children's Formation

By Jeanne Avery

**W**hat is really happening in the Chapel? The preschoolers have their own space ¼ of the room- they work very hard at not going into it. The older children have the remaining space which they share.

The older children are very kind to the little ones. They have been seen getting up from their chair to hand them a container with the colored pencils or a clean piece of paper to work on. Or working a deal if a little one has something they really need. The younger children will pick a chair in-between two older children or stand there and wait until the older child figures out what they need. The older children can build incredible structures with the blocks but have learned they need to stand in front of it to protect it from a demolition team of two year olds. When it is story-time the children sit together- there is no division in the class. This could be the only time all week that the children experience other age groups.

The Back Pew - Jeff Larson



JOHN THE BAPTIST Mt 3:4  
Before 'Chips & Salsa' there was.. 'Locusts and Honey'.

We all had a marvelous day experiencing the program of the Armor of God. So often I ponder "do the children really catch on to "God" or are they thinking "Jesus"? That Sunday I had my answer. As we went through the material- they were in agreement that we all should be praying more often for a better world. If there are things we can do to make a difference we should do them but the real answer is to stay in "contact with God".

A recent Sunday while telling the story of Jesus' baptism the two year olds, Anna and Macie, locked into the fact that John the Baptist liked bugs. We looked in all of the bibles and in each one it showed John the Baptist surrounded by bugs. This became a chant of "He eats bugs".

Each Sunday the children will review The Ten Best Ways to Live. (Our Ten Commandments). During Lent we will be presenting the Lenten story each week, as we move through Lent; concluding with the Child's Stations of the Cross.



## Friday Pot Luck March 13



Whatever you want to bring will be perfect; casseroles, to salads, to desserts, bring whatever you would like. It's all going to be delicious.

If you can help with set up or clean up, please contact Tiffany Miner.

**We hope to see you there!**



# Adult Formation: The Words You Want to Hear!

By Jeanne Avery

**Y**ou are going Home!  
Relief, Panic, How will I pay for this. How can this be!

With the supervision of a Homecare you will have: A Nurse evaluator, Pt, Ot, Dietician, Social Worker, Home Aid. They will determine how much care you need.

Nascentia Homecare (one of the agencies in Onondaga County) is right beside you – supervising, organizing, getting you settled into a routine for the days ahead for independence or establishing the care you need. They can call the doctor's office and have an immediate response.

**Erin Glavin Boswell, a Nurse with Nascentia HomeCare will be bringing us information on Sunday, March 8 in our 4<sup>th</sup> Adult Formation Program at 11:45am in the Brewster Room.**

It is so much easier to have this information prior to needing it---it is overwhelming when you are in pain and frightened.

Looking Ahead: April 12: Senegal Mabry, a doctoral candidate at Cornell will be presenting on the evaluation that is completed in determining the difference between dementia and Parkinson's.

This will be our final program this spring. In the Fall we will explore senior living, asst. living, nursing home. Legal matters, funeral planning, funeral homes and burial.

In Review: The Rev, Perry Mouncey prepared us for the arrival at the hospital. We have forms to fill out and have on the refrigerator to take with us or for the emergency people to record the information. We also, have the magnet for contacting Fr. Philip.

Soon we will be receiving a form to be in the church office for emergency contacts. We will need to fill it out and return for the file.

## Adult Formation Program

### Everything You Need to Know as You Age

The program is from 11:45 a.m. to 12:45 p.m. following the service

**Sunday, March 8th**



Nascentia Home Care

Erin Boswell

Nurse Evaluator of the Individual



# St. Paul's Syracuse



The Syracuse  
Orchestra Presents

## FOLK MUSIC INSPIRED

Enjoy an afternoon of folk music-inspired pieces from Eastern European composers. Ligetti's Concert Romanesc evoked memories of his childhood in Romania, and you'll hear traditional Czech, Romanian, and Hungarian folk dances throughout the rest of the program.

The Syracuse Orchestra will be performing at  
St. Paul's Episcopal Church  
220 E. Fayette St.  
Downtown Syracuse

**Saturday, February 28**

**7:00 pm**

**Sunday, March 1**

**3:00 pm**

Tickets available at the door or online:  
[www.syracuseorchestra.org](http://www.syracuseorchestra.org)



The Fifth  
in the  
Casual  
Concert  
Series



THE AMERICAN GUILD OF ORGANISTS  
IN COOPERATION WITH  
THE SYRACUSE UNIVERSITY SETNOR  
SCHOOL OF MUSIC

PROUDLY PRESENTS

## THE ARTHUR POISTER ORGAN COMPETITION

FRIDAY MARCH 27  
7:00 P.M.

ST. PAUL'S EPISCOPAL CHURCH  
220 E. EAST FAYETTE ST.  
DOWNTOWN SYRACUSE

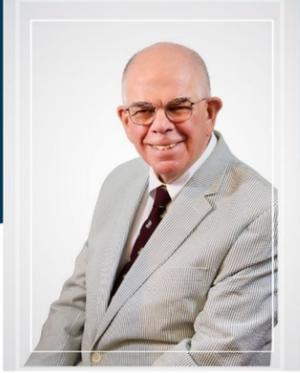




# ST. PAUL'S VESTRY



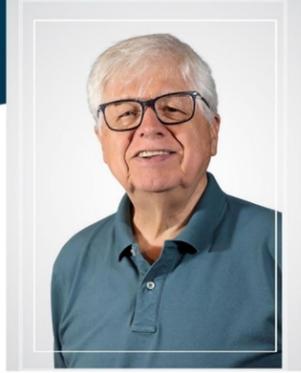
Ieva Doyle  
Senior Warden



Joe Russo  
Junior Warden



Anita Wagner  
Clerk of the Vestry



Doug Mouncey  
Treasurer

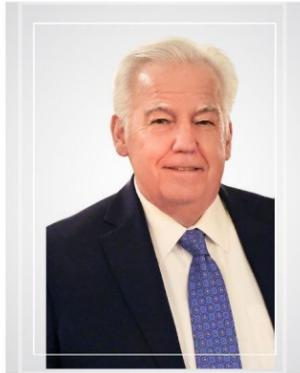


Sandi Yingling  
Assistant Treasurer

## 2026 Vestry



DJ Igelsrud



Tim Cassavaw



Jeanne Chu

## 2027 Vestry



Willson Cummer



Isiah Lavender



Tim Simmons

## 2028 Vestry



Amy Mangram



Joseph von Souder



Catherine Gerard





## March Calendar

Sunday, March 1, 9:50 am, Godly Play Sunday School & Nursery in the Hadley Chapel

Sunday, March 1, 10:00 am, Worship– Live Stream & In Person

Sunday, March 1, 3:00 pm, Syracuse Orchestra Concert

**THIS WEEK March 2-7, Floor Refinishing—no entry to dining room, Brewster Room or offices**

Monday, March 2, 7:00 pm—SPC Readers-Montgomery Zoom

Tuesday, March 3, 5:00 pm, Bicentennial Steering Committee, Montgomery Zoom

Wednesday, March 4, 12:10 pm, Lenten Prayer Service —Sanctuary

Wednesday, March 4, NO SOUP THIS WEEK DUE TO FLOORS BEING REFURBISHED

Wednesday, March 4, 4:30 pm, Contemplative Prayer—Private Zoom Channel

Thursday, March 5, 7:00 pm, Choir Rehearsal

Sunday, March 8, DAYLIGHT SAVINGS BEGINS—Spring Ahead 1 Hour

Sunday, March 8, 9:50 am, Godly Play Sunday School & Nursery in the Hadley Chapel

Sunday, March 8, 10:00 am, Worship– Live Stream & In Person

Sunday, March 8, 11:45 am, Formation Program on Aging—Brewster Room

Monday, March 9, 12:00 pm, Bible Study—Brewster Room

Monday, March 9, 1:15 pm, Executive Ministry Team—Brewster Room

Monday, March 9, 3:30 pm, Finance Meeting—Montgomery Zoom

Monday, March 9, 7:00 pm—SPC Readers-Montgomery Zoom

Wednesday, March 11, 12:10 pm, Lenten Prayer Service —Sanctuary

Wednesday, March 11, Soup After the Service—Hansen Dining Room

Wednesday, March 11, 4:30 pm, Contemplative Prayer—Private Zoom Channel

Thursday, March 12, 2:00 pm, Site Visit—Partners for Sacred Places

Thursday, March 12, 7:00 pm, Choir Rehearsal

Friday, March 13, 5:30 pm, Parish Pot Luck

Sunday, March 15, 9:50 am, Godly Play Sunday School & Nursery in the Hadley Chapel

Sunday, March 15, 10:00 am, Worship– Live Stream & In Person

Sunday, March 15, Deadline for April Courier

Monday, March 16, Bible Study—Brewster Room

Monday, March 16, 7:00 pm—SPC Readers-Montgomery Zoom

Wednesday, March 18, 12:10 pm, Lenten Prayer Service —Sanctuary

Wednesday, March 18, Soup After the Service—Hansen Dining Room

Wednesday, March 18, 4:30 pm, Contemplative Prayer—Private Zoom Channel

Wednesday, March 18, 7:30 pm, Feminist Theology—Montgomery Zoom

Thursday, March 19, 7:00 pm, Choir Rehearsal

Saturday, March 21, 9:00 am, Vestry Retreat at Father Philip's

Saturday, March 21, 10:00-12:00 noon, Open Pantry Drop Off

Sunday, March 22, 9:50 am, Godly Play Sunday School & Nursery in the Hadley Chapel

Sunday, March 22, 10:00 am, Worship– Live Stream & In Person

Sunday, March 22, 11:30 am, Arts & Crafts Show Meeting

Monday, March 23, 12:00 pm, Bible Study—Brewster Room

Monday, March 23, 1:15 pm, Bicentennial History Committee-Brewster Room

Monday, March 23, 7:00 pm, SPC Readers *Life Together*—Montgomery Zoom

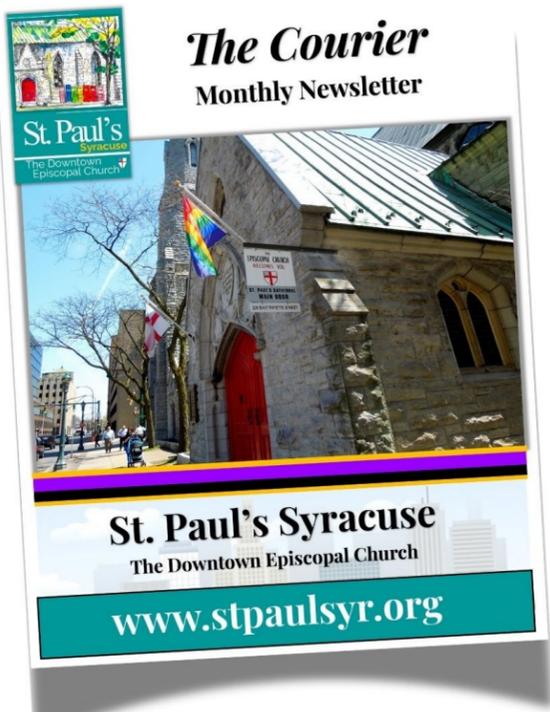
Tuesday, March 24, 5:00 pm, Buildings & Grounds—Montgomery Zoom



# St. Paul's Syracuse

Wednesday, March 25, 12:10 pm, Lenten Prayer Service  
 Wednesday, March 25, 12:40 pm, Soup After the Service—Hansen Dining Room  
 Wednesday, March 25, 4:30 pm, Contemplative Prayer—Private Zoom Channel  
 Thursday, March 26, All Day, Poister Organ Competition—Sanctuary  
 Thursday, March 26, 11:00 am, Meal Prep for Chili Lunch on Friday for ATHFG  
 Thursday, March 26, 7:00 pm, Choir Rehearsal  
 Friday, March 27, 11:00 am, Chili Lunch for ATHFG  
 Friday, March 27, All Day, Poister Organ Competition and Recital in the evening—Sanctuary

Sunday, March 29, PALM SUNDAY  
 Sunday, March 29, 9:50 am, Godly Play Sunday School & Nursery in the Hadley Chapel  
 Sunday, March 29, 10:00 am, Worship—Live Stream & In Person  
 Monday, March 30 through April 5th HOLY WEEK



## The deadline for the April Courier is Sunday, March 15

Send only the final article. Please do not copy Judy on articles sent to everyone for edits.

Please send articles as an attachment using Word or Google Docs or another common word processing program and send any photos as JPG files.  
 A reminder: Please do not put in formatting such as **indents or bullets**. We will add those during editing.

### DAYLIGHT SAVINGS TIME BEGINS

## Sunday March 8th

### Turn Your Clocks Forward One Hour





## ORDER FORM For Bicentennial Gear

All orders are due March 22

Name: ..... Order Date: .....

Email: .....



T SHIRT

SIZE  
\_\_\_\_\_



WOMENS  
GOLF SHIRT

SIZE  
\_\_\_\_\_



MENS  
GOLF SHIRT

SIZE  
\_\_\_\_\_



LONG SLEEVE  
UNISEX POLO SHIRT

SIZE  
\_\_\_\_\_



HOODIE

SIZE  
\_\_\_\_\_



BASEBALL  
HAT



APRON



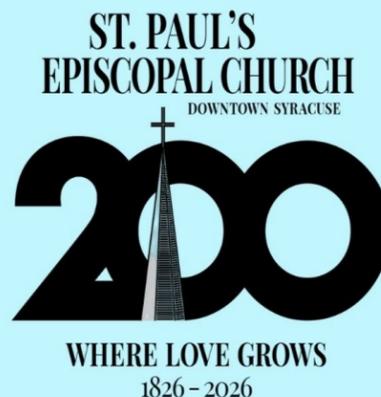
TOTE  
BAG



HOT & COLD  
TRAVEL  
BOTTLE

### TO ORDER BICENTENNIAL GEAR

- Circle the item and fill out the form. Bring to church and give to an usher or put in the offering plate
- Or, give to DJ Igelsrud directly or email her at: [djdigishooter@gmail.com](mailto:djdigishooter@gmail.com) and give her your order details
- Or give DJ a call at 315-559-1205



### PRICE LIST

- T Shirt \$23
- Women's SS Polo Shirt \$32
- Men's SS Polo Shirt \$32
- Long Sleeve Unisex Polo Shirt \$42
- Hoodie -Unisex \$38
- Baseball Hat \$20
- Apron \$18
- Tote Bag \$13
- Red Travel Bottle \$21