

St. Paul's Episcopal Church
The Holy Eucharist August 30, 2026

You are welcome to take this insert home with you. Please leave the cover at St. Paul's.

Processional Hymn 448, "O love, how deep, how broad, how high" *Deus tuorum militum*
Gradual Hymn #439, "What wondrous love is this" *Wondrous Love*
Recessional Hymn #599, "Lift Every Voice" *Lift Every Voice*

The Collect

Lord of all power and might, the author and giver of all good things: Graft in our hearts the love of your Name; increase in us true religion; nourish us with all goodness; and bring forth in us the fruit of good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God for ever and ever. *Amen.*

Old Testament

Exodus 3:1-15

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the LORD appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." When the LORD saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." He said further, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God.

Then the LORD said, "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt."

But Moses said to God, "Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?" He said, "I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain." But Moses said to God, "If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I AM WHO I AM." He said further, "Thus you shall say to the Israelites, 'I AM has sent me to you.'" God also said to Moses, "Thus

you shall say to the Israelites, ‘The LORD, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you’:

This is my name forever,
and this my title for all generations.

Psalm 105:1-6, 23-26, 45c

Confitemini Domino

- 1 Give thanks to the LORD and call upon his Name; *
make known his deeds among the peoples.
- 2 Sing to him, sing praises to him, *
and speak of all his marvelous works.
- 3 Glory in his holy Name; *
let the hearts of those who seek the LORD rejoice.
- 4 Search for the LORD and his strength; *
continually seek his face.
- 5 Remember the marvels he has done, *
his wonders and the judgments of his mouth,
- 6 O offspring of Abraham his servant, *
O children of Jacob his chosen.
- 23 Israel came into Egypt, *
and Jacob became a sojourner in the land of Ham.
- 24 The LORD made his people exceedingly fruitful; *
he made them stronger than their enemies;
- 25 Whose heart he turned, so that they hated his people, *
and dealt unjustly with his servants.
- 26 He sent Moses his servant, *
and Aaron whom he had chosen.
- 45 Hallelujah!

The Epistle

Romans 12:9-21

Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honor. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer.

Contribute to the needs of the saints; extend hospitality to strangers.

Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those who weep. Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. If it is possible, so far as it depends on you, live peaceably with all. Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, “Vengeance is mine, I will repay, says the Lord.” No, “if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads.” Do not be overcome by evil, but overcome evil with good.

The Gospel ~ Matthew 16:13-20

Matthew 16:21-28

Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, “God forbid it, Lord! This must never happen to you.” But he turned and said to Peter, “Get behind me, Satan! You are a stumbling block to me; for you are setting your mind not on divine things but on human things.”

Then Jesus told his disciples, “If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it. For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life?”

“For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done. Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom.”

Prayers of the People

As we seek God’s presence and offer prayers today, let us remember the words of this psalm:

Search for the Lord and his strength: *Continually seek his face.*

We pray for leaders everywhere, in our church, our city, our state, our country and throughout the world. May they lead with integrity and love, seeking justice and fairness for everyone and not just for what serves them and their supporters alone.

The people add their prayers, silently or aloud.

Search for the Lord and his strength: *Continually seek his face.*

We pray for our community and all to whom we extend hospitality: those we serve at the Samaritan Center, our neighbors at the YMCA, those who shop at *The Open Pantry*, those from *A Tiny Home for Good* who will someday live in our building and all others who pass by. Let our love for our neighbors be genuine.

The people add their prayers, silently or aloud.

Search for the Lord and his strength: *Continually seek his face.*

We pray for those who are in any kind of trouble. We remember those affected by war, hunger, severe weather and forest fires, poverty and homelessness. May we follow the way of Christ in caring for those who need it most.

The people add their prayers, silently or aloud.

Search for the Lord and his strength: *Continually seek his face.*

We pray for our friends and neighbors who are ill and for those who care for them, especially *n.* and those we name silently or aloud.

The people add their prayers, silently or aloud.

Search for the Lord and his strength: *Continually seek his face.*

We pray for those who have died and for those who miss their physical presence now. *We especially remember n.*

The people add their prayers, silently or aloud.

Search for the Lord and his strength: *Continually seek his face.*

We pray that we will be good stewards of this beautiful earth that we have been given, sharing it wisely with others for generations to come.

The people add their prayers, silently or aloud.

Search for the Lord and his strength: *Continually seek his face.*

Finally, we pray that amidst great uncertainty and various difficulties in our lives and the world around us, we remember to be grateful for the blessings of our lives: family, friends, this church, and the love we share for one another.

The people add their thanksgivings, silently or aloud.

Search for the Lord and his strength: *Continually seek his face.*

The celebrant concludes the prayers with a collect.

The Prayer List

Destany W., Chet W., Hillary B., Cynthia B., and David P.

We remember those who have died in recent days:

The flowers today are given to the glory of God and in loving memory of Clara and Nathaniel Abbott. Given by their daughter Betsy Elkins.

Announcements

* On Monday, September 7th (Labor Day) at 11 a.m., we will hold a Memorial Service for Mary Hastings.

* Godly Play classes resume on September 13th.

* The September Courier is hot off the press. You can read it online on our website or pick up a printed copy in the back of the nave.

* Sunday, the 13th of September, we have a special presentation about the Erie Canal after the service. See flyer on page 10 for more details.

Today's prelude Sayyid Chant and Danse #10 is attributed to George Gurdjieff, and was composed/transcribed in 1926. The story of the music is unusual. George Gurdjieff (born in 1877 in Armenia) was primarily known as a teacher of philosophy. He was one of those magnetic people who attracted a following of students. But before he devoted his life to teaching philosophy, he spent the first decade of the 20th century traveling through Egypt, Turkey, Central Asia, Iran and India in search of the meaning of human life.

During his travels through Egypt and Asia Gurdjieff had many encounters with music of the traditional cultures of the people he met. Gurdjieff was not a highly trained musician but his memory for music was very good.

About fifteen years after his encounter with the music of these traditional cultures he began working with one of his students, Thomas de Hartmann, to create a permanent record of the tunes he had heard. Sitting at the piano in the evening in a salon setting, de Hartmann listened to Gurdjieff sing the melodies, and created transcriptions for the piano. In the course of several years de Hartmann transcribed over 300 melodies sung to him by Gurdjieff. Sayyid Chant and Dance #10 is music of one of the traditional cultures of Central Asia, recalled by Gurdjieff and arranged for piano by Thomas de Hartmann.

Understanding Episcopal Liturgy

#45. Where do our Eucharistic Prayers come from?

For several generations after the first Easter, Christian clergy led the celebration of the Eucharist using unwritten Eucharistic prayers. Eventually, people began writing prayers to be used during the celebration of the Eucharist.

Archaeologists have discovered one of the earliest written Eucharistic prayers, from the third century. This prayer includes some language and portions that are different from many contemporary prayers, such as a portion at the end where cheese and olives are also blessed, and referring to Jesus Christ as the 'Child' rather than the 'Son' of God. This ancient Eucharistic prayer includes many phrases that are familiar to us, including:

- * The *Sursum Corda* "Lift up your hearts..."
- * The *Invocation of the Spirit* "Send your Holy Spirit..."
- * The *Words of Institution* "Take, eat, this is my body..."

The *Words of Institution* have remained fairly constant in most places and in most times. They are taken directly from the accounts found in 1 Corinthians, Mark, Matthew, and Luke: *The Lord Jesus, on the night when he was betrayed took bread, and when he had given thanks, he broke it, and said, "This is my body, which is for you. (1 Cor. 11:23-24)*

At St. Paul's we use Eucharistic prayers from *The Book of Common Prayer*, from a more recent worship supplement called *Enriching Our Worship*, from other prayer books from the Anglican Communion, and, with the approval of our Bishop, from other sources.

If you have a question about something in our liturgy, I will be happy to answer it. Please ask in person, or send an email to me at revmajor@stpaulsyr.org. Fr. Philip

Coming Sunday September 13th...

ST. PAUL'S EPISCOPAL CHURCH



Bicentennial History Presentation Event

THE ERIE CANAL

The Ditch That Changed America

Presented by Derrick Pratt, Director of Education,
Erie Canal Museum

SUNDAY, SEPTEMBER 13, 2026

10:00 a.m. Worship Service ♦ 11:45 a.m. Presentation

Join Us at 220 E. Fayette St. in Downtown Syracuse

Free & Open to the Public



Livestream Link at stpaulsyr.org