

*#20 Why do we sing this piece of music every week? Why is it called a canticle?*

Each Sunday, after the opening hymn and opening sentences, we sing a shorter piece of music we call a canticle. A canticle is a hymn of praise. Most canticles have texts that come from Holy Scripture.

We sing one specific canticle for an entire season. You might think of it as 'The Musical Prayer for the Season'. The weekly repetition of the canticle is a place of stability that centers us, settles down our busy lives, and prepares us to be changed by God's love.

At the beginning of the season the canticle might be unfamiliar to you. After three or four weeks of practice, you might be singing it from memory, or even at home on a Monday or Tuesday. This is our goal: to have our prayer, singing and worship to be part of daily life.